



Manso valley multi-adventure tour - with lodging, meals, rafting and more...



Get ready to discover the stunning valley of the Manso River

**Six days and five nights.** Departure from Bariloche. Five days of cycling + rafting on the Manso River. We are going to ride amazing gravel sections of the “Andean track” and several rural roads, surrounded by forests, rivers and lots of nature. The overnight is in cabins, hostels or dorms. The tour ends in the Andean region of El Bolsón. We return to Bariloche by minibus when the tour ends.

The average distance we pedal each day is 45km.

This proposal is developed for amateur cyclists who want to experience an organized cycling journey with support. The route has a total of 242 kilometers.

The route is designed to sleep in lodgings and eat in buffets or restaurants. The amount of kilometers ridden each day, the breaks and the route, are designed and balanced so that you have an exciting and safe experience. On this journey we will visit the Gutiérrez and Mascardi lakes, the Guillermo lake, the Manso river and the Foyel river. The Mt. Perito Moreno and the Valley of the Azul river.

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*TIP: Click on the [links](#) to see additional and complementary information*

Click here to see route



## What does this trip include?

This tour includes a five-day cycling tour with rafting, from Bariloche to El Bolsón, passing through the Manso River valley, and a sixth day to walk through El Bolsón and return to Bariloche by minibus. It is a journey of **intermediate difficulty** with a high percentage of gravel.

If you have already done the 7 lakes or a similar route, this is your next step!

This tour requires good mountain bike handling, control, correct shifting and stamina

Gravel 135 km - **56%**      Asphalt 81 km - **33%**      Rafting 27 km - **11%**



6 days



5 nights



MTB Guide



Lodging 5 nights |    day 1-Cabin    day 2-Hostel    day 3-Dorms    day 4-Cabin    day 5-Hostel



2 Rafting descents |    Rafting manso classic and rafting manso-frontera



Access to Nahuel Huapi National Park



Bicycle Gt Avalanche, Cube Aim or Fuji Nevada for 5 days. Ebikes available with additional cost.



Support vehicle – Minibus with 15 seats for passenger and luggage transportation



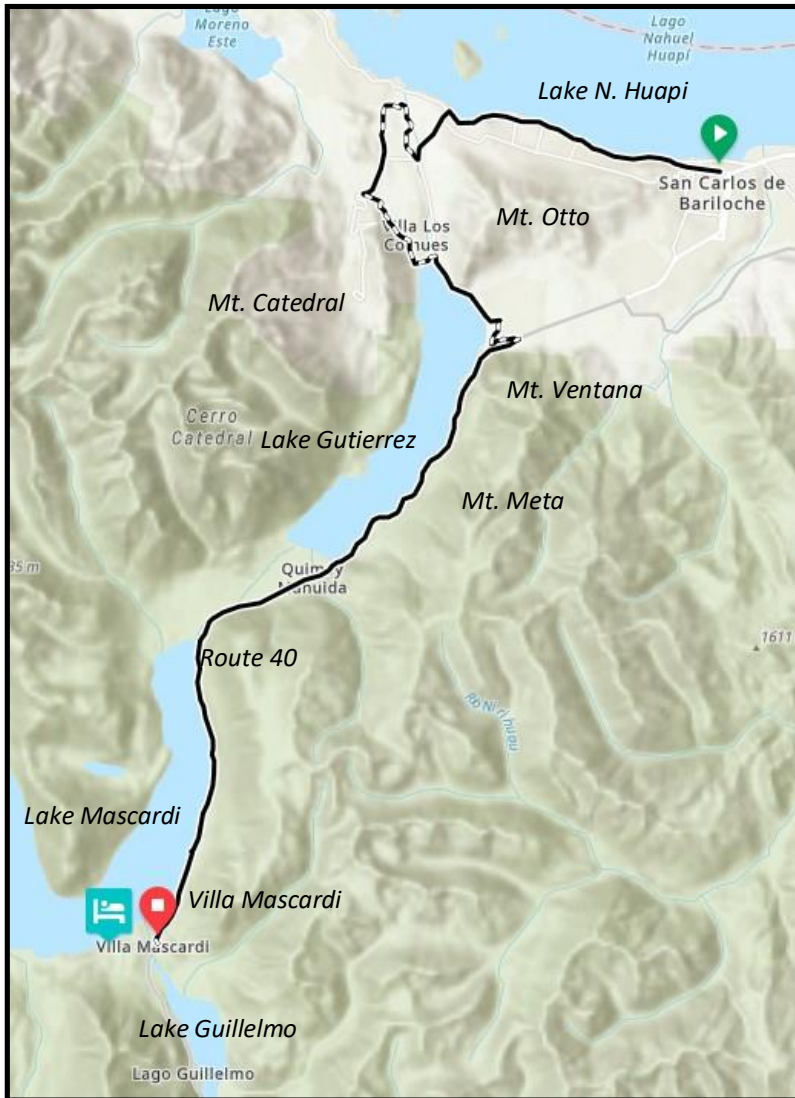
Personal accident insurance



Support vehicle – Pick up 4x4 for logistics and mechanical assistance



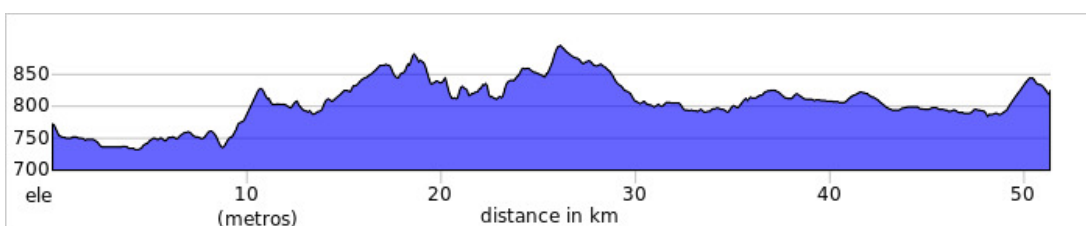
Breakfast included. Water and fruits available in the support vehicle during rides. Lunch and dinner are paid separately. It is possible to include meals in the package if the characteristics of the tour require it or if the participants request it.



Viewpoint Gutierrez lake

The tour starts in the center of Bariloche, from our shop located at St. John O'Connor 290. We will ride along Lake Nahuel Huapi for 8 kilometers and then we turn south towards Lake Gutiérrez. We will cycle some beautiful and low difficulty local trails. At kilometer 26 of the ride we join route 40. Little by little we will move away from the city, and find impressive views of the lakes throughout the route.

82% of this stage is asphalt and has little unevenness. It is the easiest stage of the tour. Perfect to gain confidence on the first day of the journey. As it is a fast stage, we will finish the ride early at [Las carpitas](#) complex in Villa Mascardi and we will be able to enjoy paddling on Lake Guillermo and a short trekking to the "Aifa viewpoint".



Asphalt: 42 km  
Gravel: 9 km  
Total: 51 km

[VIEW STAGE 1](#)



We start day 2 with a delicious breakfast and prepare the bikes. The first section of the circuit is a beautiful trail of low difficulty, which runs along the eastern shore of Lake Guillermo.

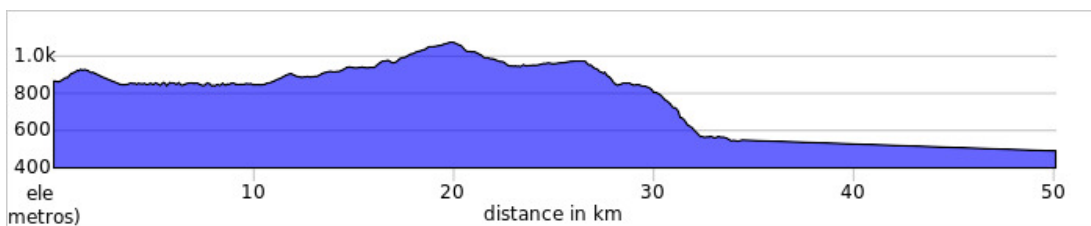
Then we join Route 40 again, where we will face the first long climb of the journey. Stunning landscapes will join us throughout this section.

After climbing 8 kilometers, we will reach “El cañadón de la mosca”. An impressive descent of 13 kilometers stands ahead...

Our first rafting awaits us at lake Steffen. We put the bikes aside for a moment, and embark the [Cuatro Elementos Patagonia](#) rafts. This tour is called Manso Classic. It is a scenic ride of low difficulty, with beautiful views and some entertaining rapids that

will add excitement to the descent. Rafting class 1 / 2

This activity lasts approximately two hours and ends at [Puerto Manso Lodge](#) cabin complex.



Asphalt: 13 km  
Gravel: 22 km  
Rafting: 15 km  
Total: 50 km

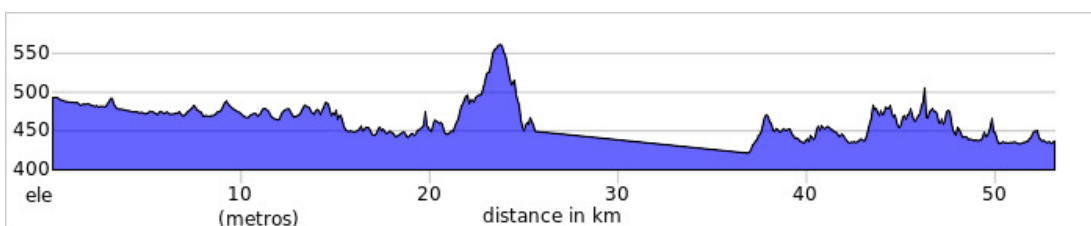
[VIEW STAGE 2](#)



Day 3 is the most intense of the journey, both in difficulty and distance. The route is 100% gravel with plenty of singletrack action. We are going to pedal the famous MTB trail "[las pasarelas](#)" of 22 kilometers long and considerable difficulty. Don't panic if you feel like the trail may be beyond your capacity. There is an alternative gravel road for less experienced cyclists, who will be accompanied by the support vehicle until they reach the starting point of the rafting section.

In this opportunity, we are going to row a class 3 rafting, with rapids and strong currents. The ride ends in CHILE, although it is not necessary to go through immigration procedures to enjoy this experience. We will arrive at the border and immediately mount our bikes to return upstream and finish this amazing stage at the [Tierraventura del Manso](#) campsite.

No doubt this is the queen stage of the tour.



Gravel: 42 km  
Rafting: 11 km  
Total: 53 km

[VIEW STAGE 3](#)



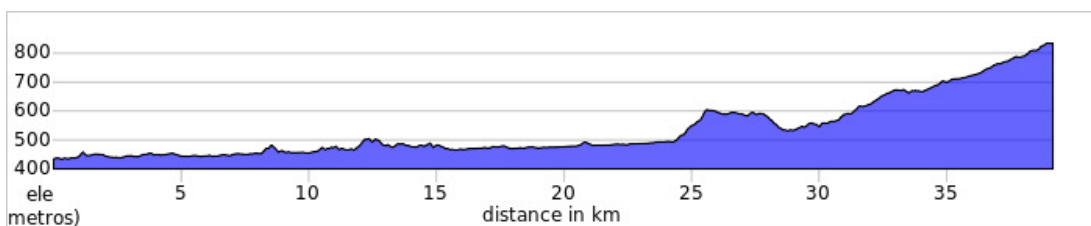
Our 4<sup>th</sup> day starts at Tierraventura campsite. Mist usually covers the sky of the valley every morning, which then dissipates as the hours progress. We leave the river behind and mentalize ourselves to pedal 30 kilometers of gravel and 10 k of asphalt.

Long climbs are the challenge of this stage. We are going to find 3 well-defined ones, which increase in distance and difficulty as we progress.

After circumventing the first 2 climbs, we arrive at the Villegas area. A town with wooden houses on the banks of the river with the same name.

We will recover our strength in Villegas, with a hearty lunch, and later face the third ascent of the day. Ten kilometers of asphalt that end in the historical site [El Viejo Almacén del Foyel](#)

At night we will have dinner in the most picturesque restaurant in Patagonia. You'll be surprised!



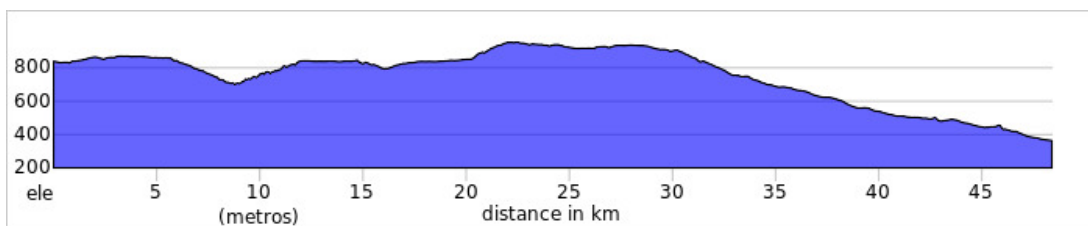
Asphalt: 9 km  
Gravel: 30 km  
Total: 39 km

[VIEW STAGE 4](#)



Day 5 is the most varied and original of the journey. It has sections of asphalt, gravel, double-tracks and many kilometers of descent. We start pedaling south along Route 40, and enter the territory of the Guaitekas community. With the chief's permission we will cross a rustic bridge over the river Foyel and pedal along a former section of Route 40, now in disuse and partially absorbed by nature.

Halfway through the stage we will head west, until we reach the Perito Moreno ski station. An uninterrupted gravel descent of 20 kilometers awaits us. Finally, we arrive to El Bolsón. After pedaling more than 200 kilometers and paddling around 25k, we end up at [Portal Norte](#) complex. We spend our last night there and return to Bariloche the next morning.



Asphalt: 16 km  
Gravel: 33 km  
Total: 49 km

[VIEW STAGE 5](#)

## Lodgings

\*can be replaced by lodgings of a similar category if there is no availability



### Camping "Las Carpitass" [Instagram: @las.carpitas](#)

The campsite has 4 decorated dorms, glamping tents and a cabin with capacity for 12 passengers. The bathrooms are super spacious and comfortable. It is located 500 meters from Lake Guillermo and a few minutes from a viewpoint from which you can see the entire area. Faustina is in charge of the place. She is very attentive and helpful.



### Hostel Puerto Manso [Instagram: @puerto\\_manso\\_lodge](#)

This hostel is used by fishermen, cyclists and rafting companies. It is spacious, has several rooms, excellent heating, kitchen, ping pong table and wifi. It is on the banks of the Manso River. In addition, there are also two extra cabins that we use with large groups. At night, it's worth going outside to gaze at the stars.



### Camping Tierraventura [Instagram: @tierraventuraok](#)

This campsite has several landscaped acres, and it is placed beside the river. It has dorms, a "Mongolian" style yurt, external bathrooms and a barbecue area. Joaquín, the owner, makes the best barbecues in the entire Valle del Manso.



### El Foyel – [Instagram @viejo almacen foyel](#) - [@lemalu cabanias](#)

El Foyel is a town in the Department of Bariloche, Río Negro, Argentina. It is located about 80 km south of the city of San Carlos de Bariloche, and 46 km north of the city of El Bolsón, through RN 40. Here we will sleep in 3 different cabins distributed throughout the town. At night we eat in a restaurant known as "El viejo Almacén"



### Camping Portal Norte – El Bolsón – [Instagram @portalnortecamping](#)

We will spend our last night in the most beautiful and best equipped campsite in the region. It has dorms, cabins, a shelter with rooms and common spaces. Attended by its owners. It is an ideal space for the closure of this adventure.





Provincial route N° 83



Provincial route N° 83



Gravel road to Perito Moreno ski station



Route 40



*Villa Mascardi – Viewpoint*



*Rafting Manso Classic*



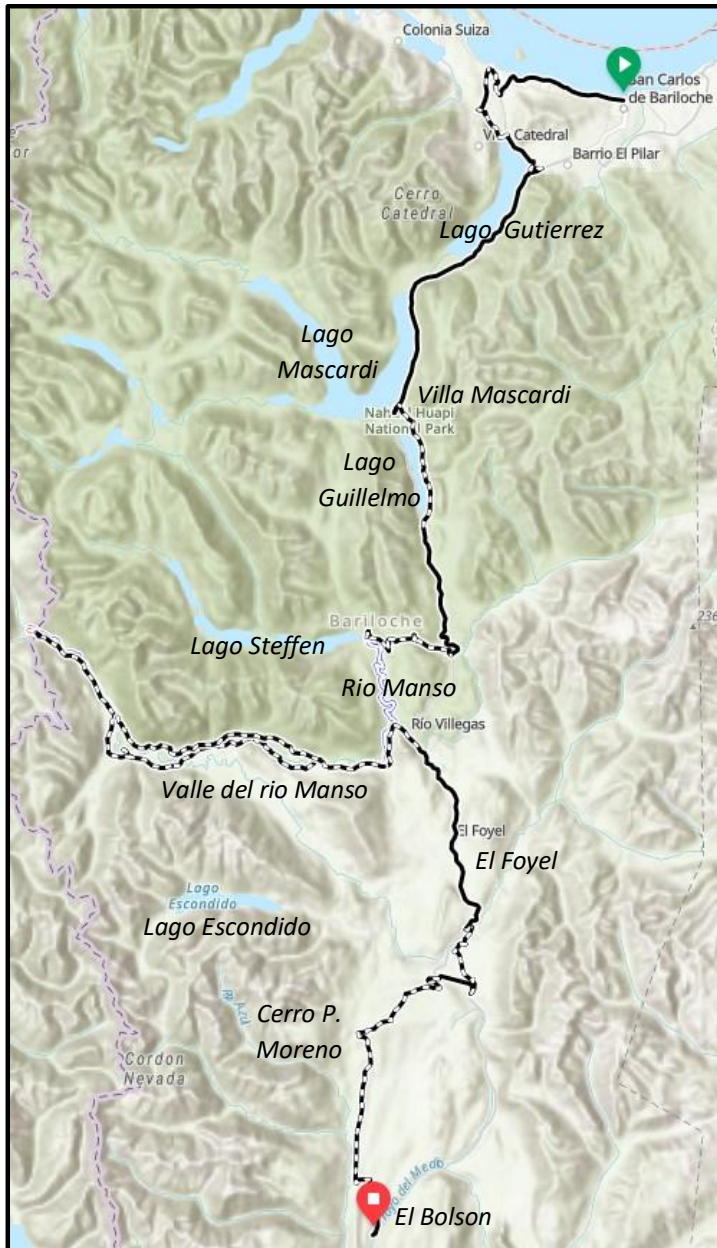
*Bridge – Foyel river*



*Puerto Manso Lodge*



## Route map



**Start:** [Bariloche](#) (Patagonia Bike trips)

**Finish:** [El Bolsón](#) (Camping Portal Norte)

### Stages:

Night 1 – [Villa Mascardi](#) – Dorms las Carpitas

Night 2 – [Manso Valley](#) - Hostel Puerto Manso

Night 3 – [Manso Valley](#) - Dorms Tierraventura

Night 4 – [El Foyel](#) – Cabins

Night 5 – [El Bolsón](#) – Hostel and dorms Portal Norte

**Total distance by bike:** 215 kilometres

**Total distance raft:** 27 kilómetros

**Start altitude:** 820 metres above sea level

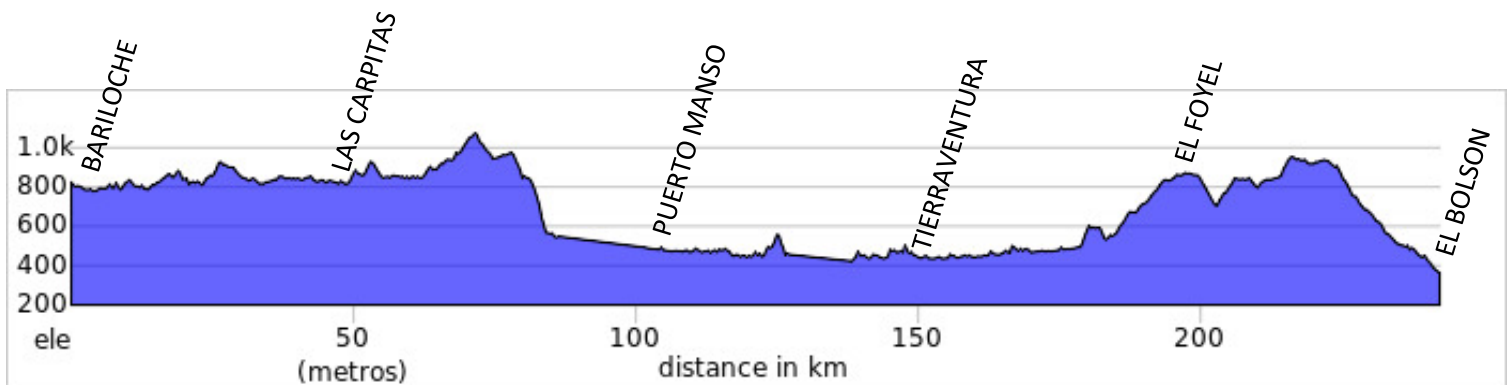
**Finish altitude:** 350 metres above sea level

**Max altitude:** 1070 metres above sea level

## Altimetry Multiadventure

[VIEW ROUTE AND ALTIMETRY](#)

[www.ridewithgps.com](http://www.ridewithgps.com)



## Recommended clothing and elements

### Clothing

Sunglasses

Padded cycling shorts

Long-sleeved or thermal synthetic shirt

Lightweight and compactable down jacket

Micro fleece jacket

Sports or outdoor pants

Comfortable underwear

**Extra sneakers to get wet in the rafting sections**

Hydration bag (camelback)

Cycling gloves

Quick dry t-shirt

Waterproof windbreaker

Swimwear

Outdoor Shorts

Cycling socks

Light trekking shoes

Small backpack (max 20 lts)

### Hygiene and personal items

Power bank (charged 100%)

Plastic / nylon bags (useful in case of rain)

Toothbrush and toothpaste

Sunscreen, lip protector

First aid kit - Painkillers

Microfiber towel

Soap and shampoo

Cash, iD, Passport, medical insurance

Toilet paper, wet wipes



**IMPORTANT:** Avoid heavy and bulky garments.

Avoid 100% cotton garments because if they get wet they take a long time to dry.

The less luggage you bring, the lighter you will travel, and the more you will enjoy!

Most grocery stores do not accept cards. **ALWAYS** carry cash

Some dorms do not include blanket. **We suggest you bring a light sleeping bag.** In case you do not have one, we provide it at no additional cost.

**We recommend that you bring your helmet.** If you do not have one, we will provide one at no additional cost.

**TRAVEL INSURANCE:** participants must present up-to-date medical insurance or travel insurance

If you have a hobby, feel free to bring it with you and share it with the group

**EXAMPLE:** card deck, USB speaker, small musical instrument, compact board game, detachable fishing rod, professional camera, favorite book, etc.

## Mountain Bikes

### Bicycle GT Avalanche Comp



27 speed 3x9

Shimano Alivio 3x9 transmission

Suntour fork 100mm RST coil

Hydraulic brakes

Wheel size 29



### Bicycle CUBE Aim SL



27 speed 3x9

Shimano Deore 3x9 transmission

Suntour fork 100mm XCT coil

Hydraulic brakes

Wheel size 29



## Bicycle - Fuji Nevada 1.5



18 speed (2x9)

Shimano Alivio

Fork 100 mm Suntour coil

Hidraulic brakes

Wheel size 29



## Mountain Bike Premium \*with additional cost

Hybrid bicycle – Vairo M400 ebike \*with additional cost



10 speed 1x10

Shimano deore

Suntour coil 100mm fork

Bafang Central engine 350 watts 80NM

Hydraulic brakes

Wheel size 29

Charger





*IMPORTANT: The helmet is included with the bike, however we recommend that you bring your own, as it is a very personal item.*

## Elements and accessories included with the bicycle



Helmet IXS Kronnos



Hand pump



Bottlecage



Tool bag



Chain tool



Alem multi-tool



Bicycle lock



Bottle 750 cm3



Phone holder



## Accesories included with the bike



Extra tube + Halawa TAMAL



Slime puncture seal inside tube



Super comfortable seats  
With Memory Foam technology  
Comes with PRO and Premium bicycles



Tube repair kit – Spare Links



## Support vehicle

For the safety of the group we have a pick-up truck support vehicle equipped with a bicycle trailer that will accompany us throughout the trip. Vehicle functions are very important in order to have a positive and safe experience. We describe them below

- 1- Transfer of bicycles on days 2 and 3. During the stages that include rafting, the truck must transport all the bicycles from the starting point to the end of the navigation.
- 2- The vehicle stays always behind the peloton, closing the tour so as not to leave anyone behind.
- 3- If any participant feels bad or is too exhausted, it can finish the stage on board of the van.
- 4- The vehicle carries water and fruits to keep the group hydrated at all times. It also transports bike spare parts and a first aid kit.
- 5- In case of accidents, the vehicle can transport injured cyclists or damaged bicycles to an assistance point. For these reasons, it is important that the truck has enough space at all times.



**IMPORTANT:** Support vehicle capacity is **LIMITED**. For this reason we ask the participants to bring only what is necessary for the 5 days of the journey.

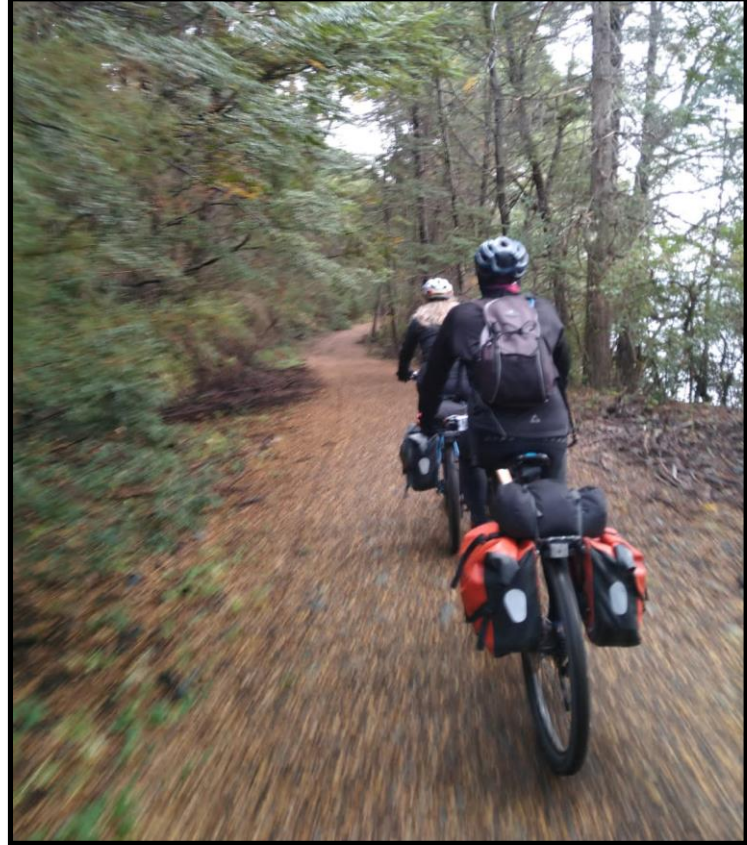


## Services provided by third parties – Scope and responsibility

*The rafting companies that work on the Manso River have experienced guides, top quality equipment and high safety standards. The rafting service is provided by Cuatro Elementos Patagonia*



*The Guillermo Lake trail is 11 km long and was formerly part of Route 40. The circulation within the trail is supervised by National Parks*



A bicycle trip involves several services provided by different companies, which must be coordinated for the journey to be smooth and successful.

On this tour we will sleep and eat in 5 different establishments. We will also paddle 2 sections of the Manso River. Rafting services are provided by companies specialized in this activity. See [Cuatro Elementos Rafting](#)

We will transit parks managed by the [National Administration of National Parks](#).

If for some reason, any of these companies or organizations call off a service, or temporarily don't allow circulation in a sector due to weather or security reasons, we may be forced to modify the route or schedule without prior notice.



**IMPORTANT:** The tour guide has the right to modify, alter or suspend one or more stages of the trip, always ensuring the safety and integrity of the group and when a situation of force majeure so requires.

[CLICK HERE TO WATCH TOUR VIDEO](#)



[CLICK HERE TO WATCH REVIEWS VIDEO](#)



## Reviews and opinions



**Pablo Gómez**  
Local Guide · 4 opiniones · 26 fotos

★★★★★ Hace un mes

I lived the most incredible moments with Patagonia bike in the tour Multiaventura del Manso. Lucas and his team are awesome!



**Liliana Martinez**  
4 opiniones

★★★★★ Hace 2 meses

I made 2 trips with Patagonia Bike, Manso Valley multiadventure with the genius of Lucas, and 7 Lakes by Myrtles forest with the marvelous Fernanda. Both adventures were great and incredible! 100% recommended.



**Daniel Aisemberg**  
4 opiniones · 1 foto

★★★★★ Hace un mes

I did the Bariloche to El Bolsón tour through the River Manso Valley. It was an extraordinary experience in all aspects. An incredible trip, very well organized, with the necessary logistical support so that cyclists have an unforgettable journey. The bicycles they provide and the gear (panniers, bikes and tools) are excellent, in very good condition and ready for a journey of this magnitude. The Patagonia Bike Trips team is magnificent. I highlight their technical solvency and especially the human relationship they build with the group. They care about the details and about each one of the people who travel.

[View more Google reviews](#)

## Contact

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[WATCH PRESENTATION VIDEO PATAGONIA BIKE TRIPS](#)



## Inspiration

Throughout our lives we search for inspiration and ideas from people or organizations that refer to what we want to undertake. This is my little tribute to those people, websites and magazines that inspired me to create [patagoniabiketrips.com](http://patagoniabiketrips.com), and continue to do so to this day.

In these websites you will find quality information to make all your biketouring projects come true



[Lavidadeviaje.com](http://Lavidadeviaje.com)



[Nacionesalvaje.com](http://Nacionesalvaje.com)



[Bikepacking.com](http://Bikepacking.com)



[Bicycletouringpro.com](http://Bicycletouringpro.com)

## Social media

Explore our social media networks, you will find updated information on routes, excursions and cycle trips.



[patagoniabiketrips.com](http://patagoniabiketrips.com)



[Google profile](#)



[@cyclingpatagonia](#)



[FB cyclingpatagonia](#)



[Canal Patagoniabike](#)

## Equipment

We offer high quality bikes and gear, so that your travel experience is perfect.



[Halawa panniers](#)



[Accesorios MTI](#)



[CUBE Bikes](#)



[GT Bicycles](#)



[FUJI Bikes](#)



[Nitsche – Cycletouring bicycles](#)