



Guide to carry out the [Travesía del Manso](#) autonomously sleeping in lodgings



Tour available from October 1st to April 15th

Departure from the center of [Bariloche](#) south direction towards [El Bolsón](#). Cyclists will ride along the Manso river valley and the Azul river valley. This route is an amazing combination of asphalt, gravel roads and trails of intermediate difficulty. **Duration: 5 days and 4 nights.**

Total Distance 225 km - Average daily mileage 45 km.

This guide was developed so that you can experience a cycling trip with accommodation. You don't need to take a tent or camping gear. Follow the proposed schedule, and you will be able to pedal along this incredible route, carrying only your clothes and nothing else.

Spend 5 unforgettable days, pedaling through a variety of terrains of moderate difficulty. You will visit the Guillermo Lake MTB trail, Las Pasarelas MTB trail, the Manso River and its pools, Steffen Lake viewpoint and the Cajón del Azul.

To be successful it is important that you download the apps, routes, and follow these instructions to the letter.

IMPORTANT: lodgings must be reserved in advance, since you will not take camping items on this trip, and you must have a bed to sleep at the end of each stage. Accommodation reservations must be made by the passengers and are not the responsibility of the company.

[Click here to SEE ROUTE, MILEAGE AND ALTIMETRY](#)





Suggested Schedule

Day 1

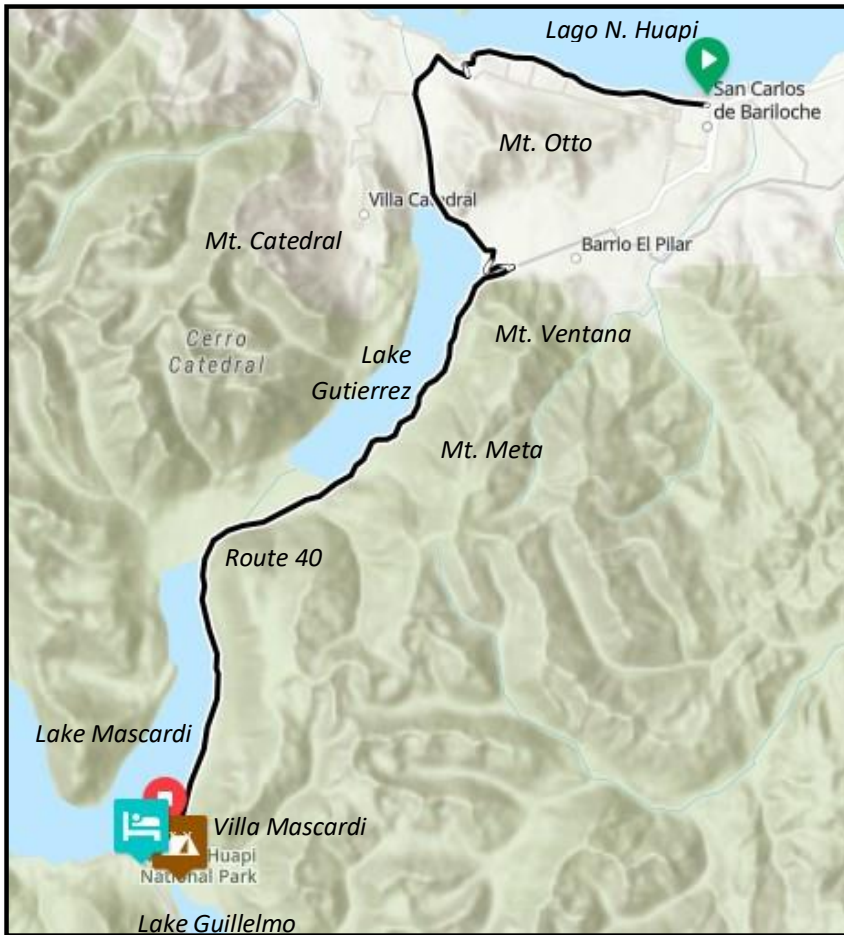
10:00 a.m. Welcome to our shop [Patagonia Bike trips](#) in the center of Bariloche. Briefing, preparation of equipment, explanation of the route.

11:00 a.m. The journey begins. Start pedalling to the west for 8 kilometers, then head south, in the direction of El Bolsón. You must ride along Route 40 bordering Lake Gutiérrez and Lake Mascardi.

4.00 p.m. Arrival at [Villa Mascardi](#). You can stay in [LAS CARPITAS](#) Faustina +54 9 2944 818013 or [MASCARDI PARK LODGE HOTEL](#) 02944 806626

The hotel and the campsite have kayaks. You can paddle the lakes during the afternoon.

9:00 p.m. Dinner. You can eat at the hotel or at the campsite. Ask in advance what the menu is.



Kayaking on Lake Guilemo



[View stage 1](#)



Day 2

8.30 a.m. Breakfast

9.30 a.m. Start pedaling towards Lake Guillermo MTB trail.

11.30 a.m. End of the trail. You must merge onto Route 40 and head south. Pay attention to the GPS. Optional detour to the viewpoint of Lake Steffen at km. 23

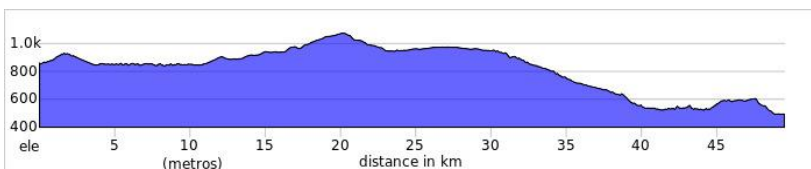
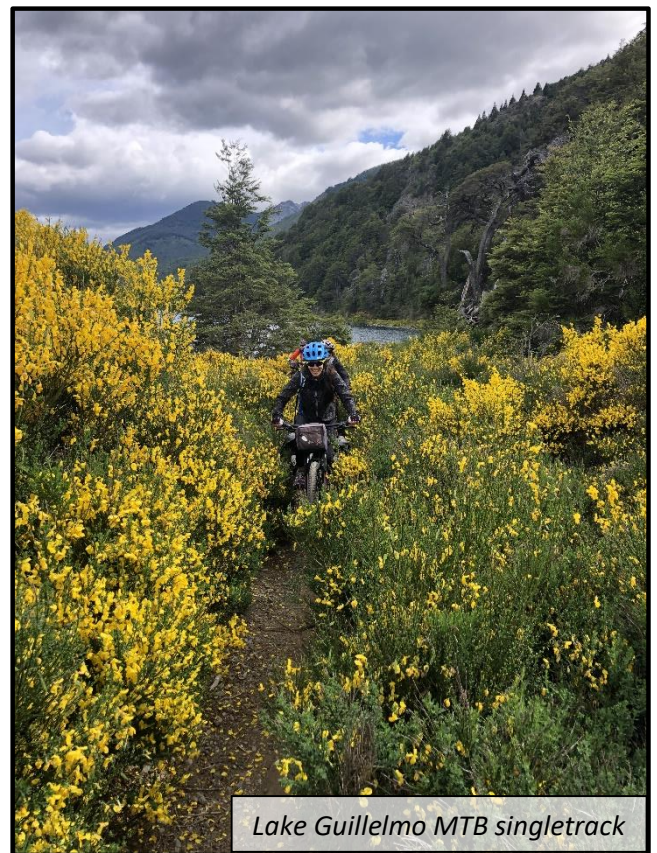
12:30 p.m. After visiting the viewpoint, you must continue towards [Villegas](#). There are two options to descend through the Cañadón de la mosca. By the new asphalt route 40 or by the old gravel route 40 partially absorbed by nature. Both paths are pinned on the GPS.

1:30 p.m. Arrival to Villegas. Follow the suggested route to discover the famous [piletones del Manso](#).

3:00 p.m. Ride the gravel road heading west towards the [Manso River Valley](#)

5:00 p.m. End of stage 2. You can spend the night at [PUERTO MANSO HOSTEL](#) Juan Gouda +54 9 2944 539751 [CABAÑA EPICA PATAGONIA](#) 0299 451-8206. If you don't find a place there, you can try a few kilometers further on at [DORMIS EL PUERTO](#) +54 9 2944930278

9:00 p.m. Dinner. The [Kaleuche](#) campsite has a restaurant that offers typical Patagonian meals.



[View stage 2](#)

Day 3

8.30 a.m. Breakfast

9:00 a.m. Start riding west, until you see the first hanging bridge of the Manso river.

10:00 a.m. Cross the suspension bridge. Here begins MTB trail "[Las Pasarelas](#)"

1:00 p.m. End of the trail. Arrival at "Las pasarelas" campsite. Optional class 3 rafting.

SUGGESTION -> Hire the Manso-Frontera rafting service. All rafting companies embark at the campsite. The last rafts leave at approximately 2:00 p.m. Get in touch with the guys at [CUATROELEMENTOS RAFTING](#) on our behalf. +54 9 2944 692903 You must start early if you want to go rafting.

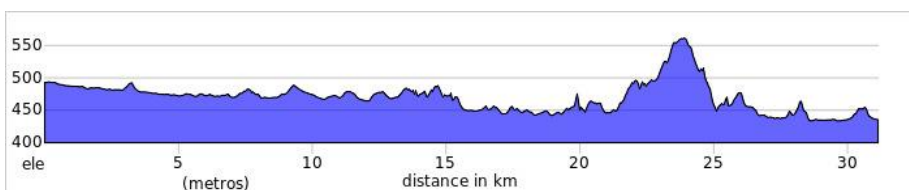


5.00 p.m. hs. End of rafting. Must pedal 5km east direction towards [TIERRAVENTURA](#) +54 9 2944 531532 You can stay at the dorms or the mongolian yurt. It is also possible to spend the night at [CABAÑAS CAMPESTRE](#) cel. +54 9 2944 454458 or [DORMIS CAMPING LAS PASARELAS](#) 02944454174

9:00 p.m. Dinner. Tierraventura has a restaurant where they cook delicious pasta.



Las Pasarelas MTB singletrack



[View stage 3](#)

Day 4

9.00 a.m. Breakfast

10:00 a.m. Start pedaling in an easterly direction, along the road that runs through the valley.

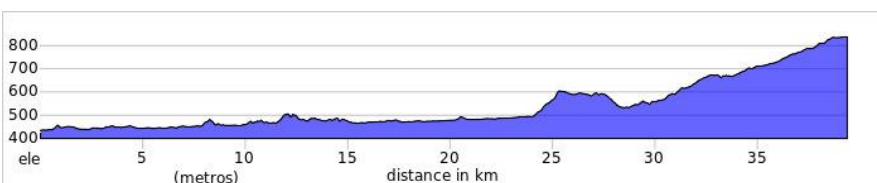
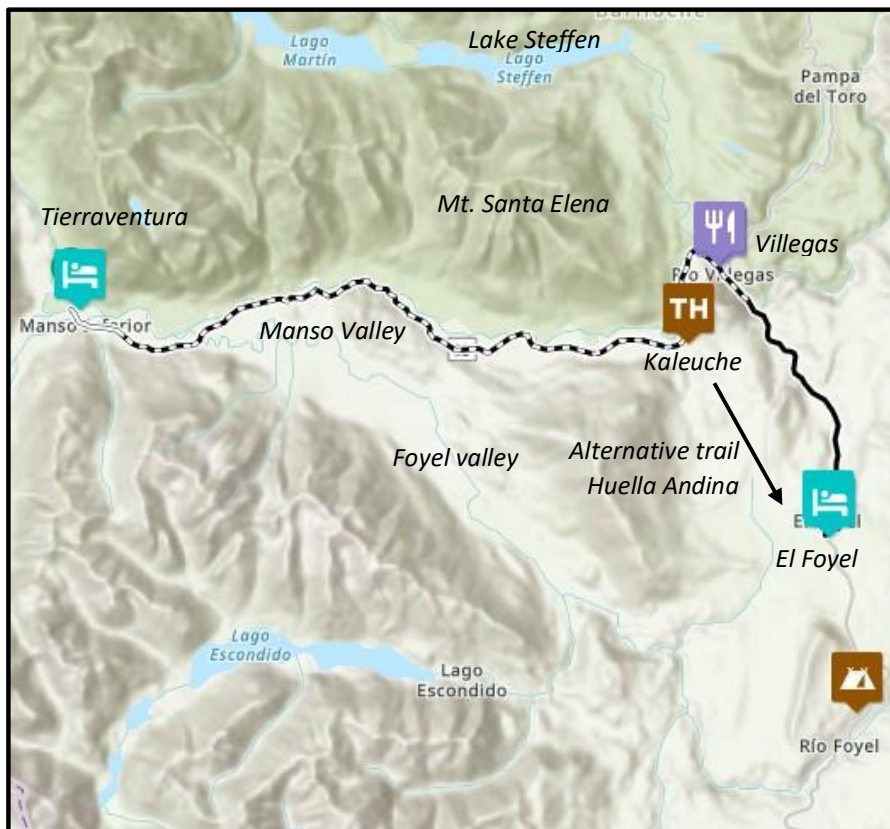
12:00 p.m. When you arrive at the [Kaleuche](#) campsite, you will have 2 options to get to El Foyel. One option is to follow the “huella andina” trail. It is a doubletrack with a steep climb at first, where you may have to push the bike for a kilometer or two. From there on, it is rideable 100% and very beautiful. The other option is to follow the main road to Villegas and go up Route 40.

1:00 p.m. If you chose to follow the route through Villegas, we suggest you have lunch and rest in town, since the second part of the stage is quite uphill. There are several options for lunch.

3:00 p.m. You must return to Route 40 and face the 10-kilometre climb to "[El Foyel](#)"

5.00 p.m. Arrival at El Foyel. You can sleep in these cabins. [CABAÑA VIEJO ALMACEN](#) Yuyo +54 9 2944 959977, [CABAÑA LEMALU](#) Alejandra +54 9 2995 755128 [DORMIS EL PUENTE](#) Cintia +54 9 2944 105034 [V8 DORMIS](#) Fernanda +54 9 2945 656513

9:00 p.m. Dinner. There are restaurants at El Foyel. My favourite one is “EL Puente”



[View stage 4](#)

Day 5

9.00 hs Breakfast

10:00 a.m. Final stage. You must head south along Route 40.

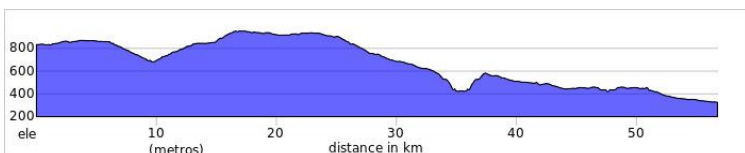
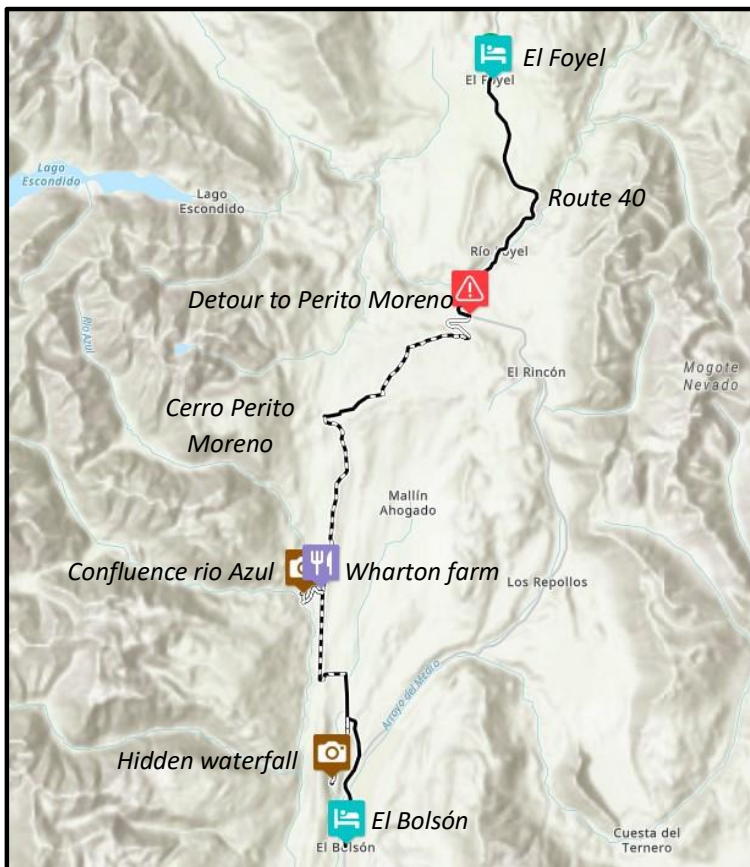
11:00 a.m. Attention. Detour to the right. Access the gravel road to the [Perito Moreno](#) ski station. Pay attention to your GPS. Climb for for 2 km and then enjoy the 10-kilometre ride towards the ski station.

2:00 p.m. Arrival at [Wharton farm](#), access to “Cajón del Azul” trekking trails. SUGGESTION: visit the suspension bridges of the [confluence of the Azul River and the Blanco River](#). They are not far away, but there is quite a difference in altitude. You can go on foot or by bike. It is also possible to have lunch over there.

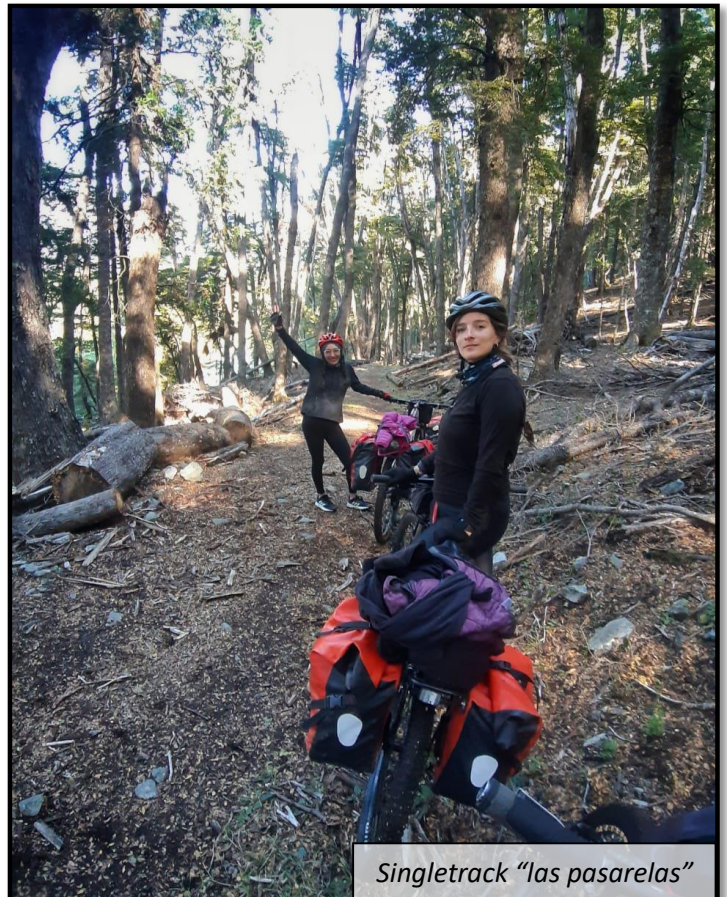
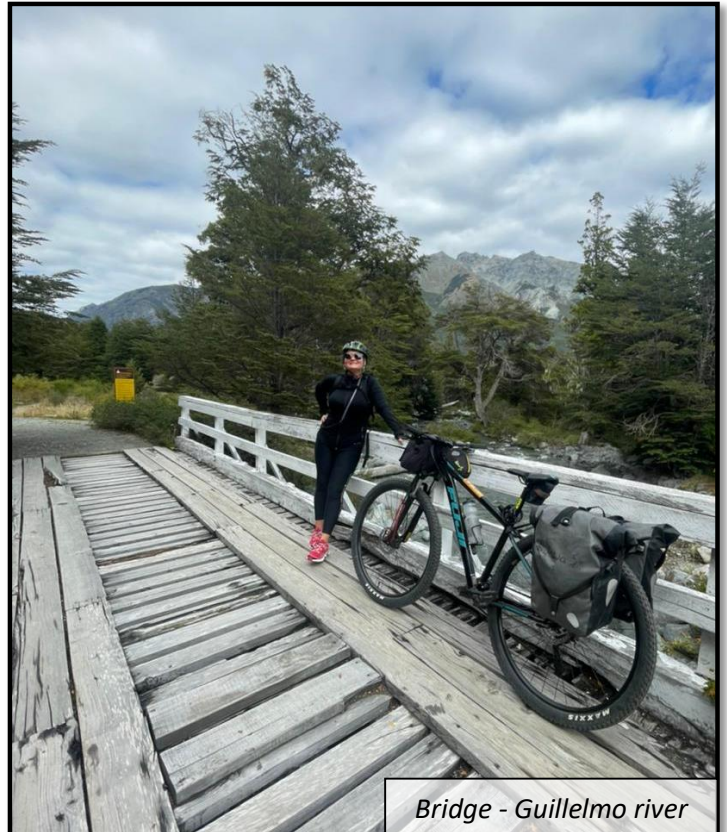
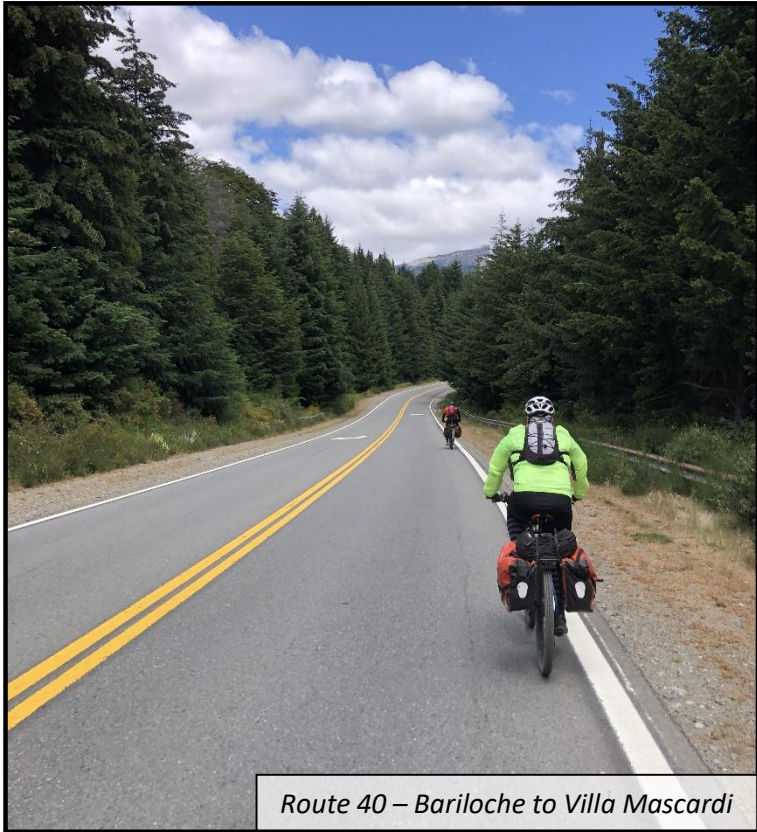
3:00 p.m. Almost there! You must continue south. Pay attention to your GPS. There is an optional detour that will take you to the [hidden waterfall](#).

4:00 p.m. End of the journey. Return the bikes at [HOSTEL JARDIN DE ROSAS](#) 01141949401 in the center of Bolsón. We recommend spending the night there to recover energy and get to know the city and its attractions.

Make a reservation at [Jardín de Rosas Hostel](#), and get a 100% drop-off bonus.



[View stage 5](#)





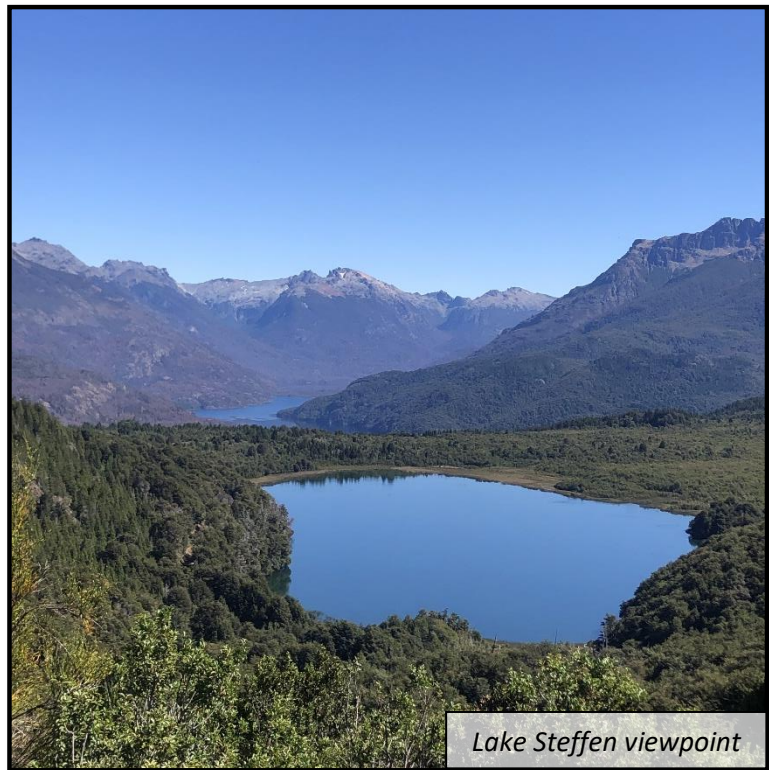
Lake Guillermo



Manso river natural pools



Abandoned farm – Manso Valley



Lake Steffen viewpoint

Route map – [Travesía Valle del Manso](#)



Start: Bariloche [Patagonia Bike Trips](#)

Finish: El Bolsón [Jardín de Rosas hostel](#)

Stops:

- Day 1 – [Villa Mascardi](#)
- Day 2 – [Puerto Manso](#)
- Day 3 – [Tierraventura](#)
- Day 4 – [El Foyel](#)
- Day 5 – [El Bolson](#)

Total distance by bike: 225 km

Start altitude: 820 metres above sea level

Finish altitude: 330 metres above sea level

Max altitude: 1100 metres above sea level

We suggest riding this route from north to south, that is, from Bariloche to El Bolsón

- 1- There are more meters of descent than ascent
- 2- The last 30 kilometers are 100% descent
- 3- The route is optimized to do it in this direction.

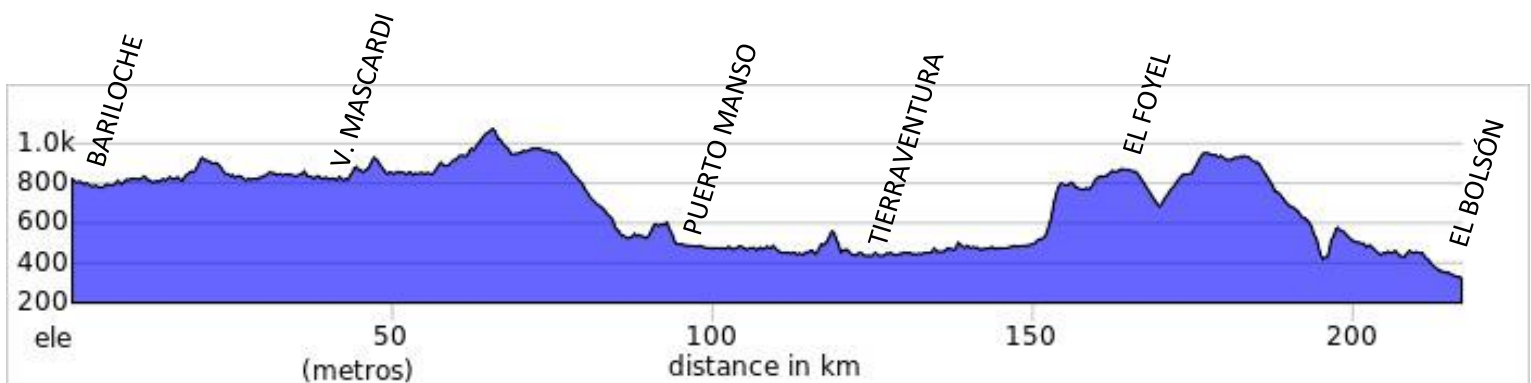
Stages are represented in different colours

Download the routes in GPX format for [RIDE WITH GPS](#) app, and in KML format to view with [MAPSME](#) application.

To complete the tour successfully, we recommend using a GPS or a navigation app

[Download .GPX and .KML route files from Mega](#)

[Download or view route from Ride with GPS](#)





TIP: bring fast-drying synthetic clothing. Choose light and comfortable clothes.

Recommended clothing and elements

<p>CLOTHING</p> <p>Sunglasses</p> <p>Padded cycling shorts</p> <p>Long-sleeved or thermal synthetic shirt</p> <p>Lightweight and compactable down jacket</p> <p>Micro fleece jacket</p> <p>Sports or outdoor pants</p> <p>Synthetic underwear</p> <p>“Crocs” or sandals</p>	<p>Hydration bag (camelback)</p> <p>Cycling gloves</p> <p>Quick dry t-shirt</p> <p>Waterproof windbreaker</p> <p>Swimwear</p> <p>Outdoor Shorts</p> <p>Cycling socks</p> <p>Light trekking shoes</p> <p>Small backpack (max 20 lts)</p>
<p>COOKING ITEMS (only in case you plan to camp)</p> <p>Metallic mug</p> <p>Metallic or plastic plate</p> <p>Lighter</p> <p>Small rag or napkin</p>	<p>Plastic cup</p> <p>Butane gas stove (available for rent)</p> <p>Knife, fork, spoon</p> <p>Aluminum pan</p> <p>Swiss army knife</p>
<p>HYGIENE AND PERSONAL ITEMS</p> <p>Power bank (charged 100%)</p> <p>Plastic / nylon bags (useful in case of rain)</p> <p>Toothbrush and toothpaste</p> <p>Sunscreen, lip protector</p>	<p>First aid kit - Painkillers</p> <p>Microfiber towel</p> <p>Soap and shampoo</p> <p>Cash, iD, Passport, medical insurance</p> <p>Toilet paper, wet wipes</p>
<p>CAMPING ITEMS (only in case you plan to camp)</p> <p>Waterproof igloo tent (available for rent)</p> <p>Sleeping bag (available for rent)</p>	<p>Camping mat (available for rent)</p> <p>Flashlight (charged 100%)</p>
<p>MAP AND NAVIGATION APPS:</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  </div> <div style="text-align: center;">  </div> </div> <p style="text-align: center; color: blue;">CLICK HERE TO SEE ALL OUR ROUTES</p> <p>GPS navigation in real time without connection – Maps, routes, trails, campsites and points of interest</p>	





Download these 2 applications and plan your trip

Both apps work without internet connection (offline)

Maps.me works without an internet connection and has a very complete database of trails, tracks and roads. It also shows your position in real time wherever you are. It can read files in .KML format. It is user friendly, efficient and 100% free. Download our routes in .KML format from this link. [DOWNLOAD ROUTES IN .KML and .GPX FORMAT](#)

Ride with GPS For advanced navigation we recommend this application. Offline navigation by image and voice, with altimetry, info on campsites, lodgings and services. In addition, all our [routes](#) are preloaded there. Supports .GPX files. It has a free subscription option for 30 days. Very simple interface to use. It works without internet connection. [CLICK HERE TO SEE OUR ROUTES](#)

Download both apps from these links: [RidewithGPS.com](#) y [Maps.me](#) available for Android - iPhone.



[Download app Iphone](#)

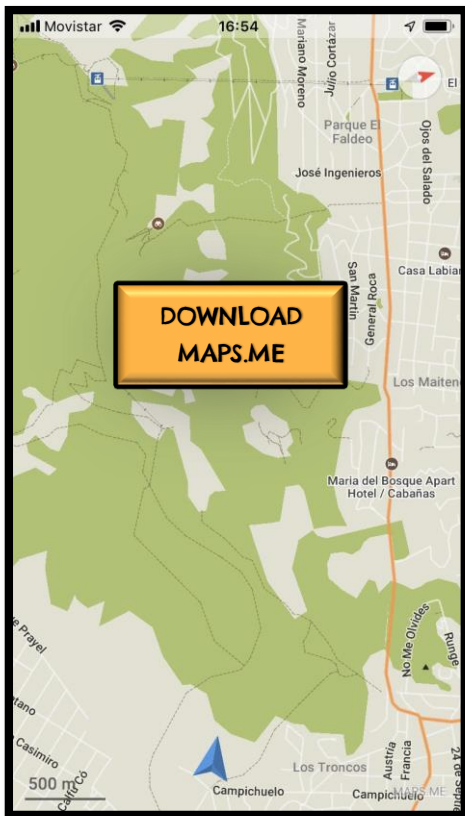
[Download app Android](#)



[Download app for Iphone or Android](#)



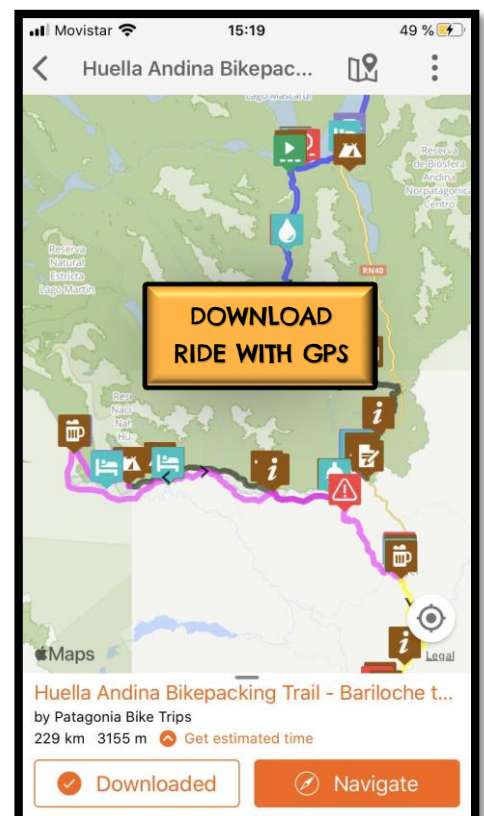
GPS navigation in real time without connection - Maps, routes, trails, bites, campsites and points of interest.



Maps.me | The main paved roads appear in orange. Secondary or gravel roads are shown in white. Trails, and singletracks in dotted black. The blue arrow indicates your position and orientation.

Ride with GPS | Navigate in real time, with altimetry information, suggested stops, campsites, supply shops and much more.

You don't need internet connection. All our routes are preloaded in the app. You can also download the routes and upload them to your Garmin, Polar or Sigma GPS.



Important

Some dorms do not offer blankets and do not have heating. It is highly recommended to take a light sleeping bag for this tour. If you don't have one, you can rent it from us.

Avoid heavy and bulky clothing.

Avoid 100% cotton garments, since if they get wet, they take a long time to dry.

The less luggage you bring, the lighter you will travel, and the more you will enjoy!

Remember that most campsites and supply shops do not accept credit cards. Take cash always.

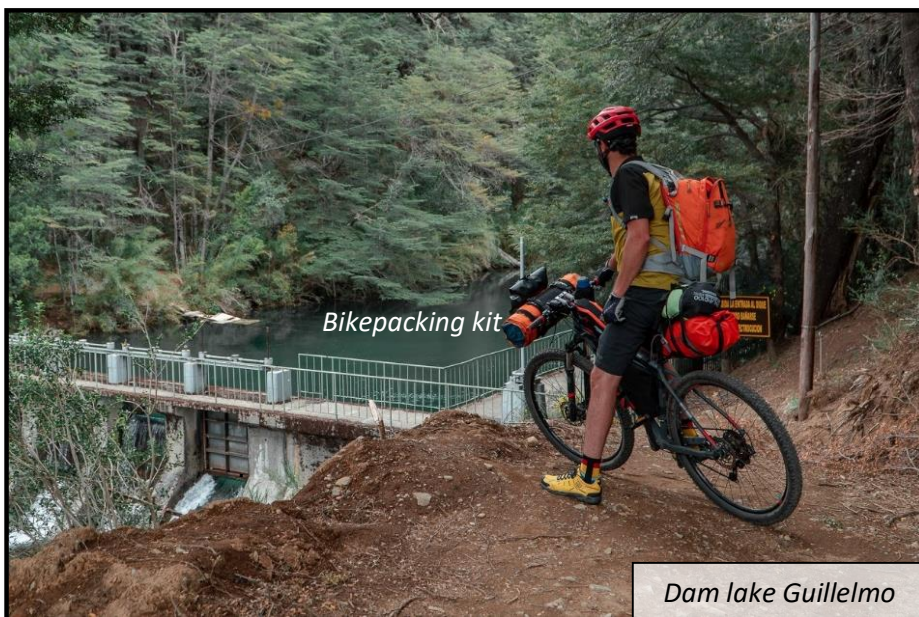
Bus tickets to return to Bariloche

During high season (JANUARY and FEBRUARY) the buses that travel from El Bolsón to Bariloche are usually crowded. Remember to get your tickets in advance.

Travel method

Withdrawal of equipment and bicycles in the center of Bariloche. Drop off the bike in El Bolsón.

Each bicycle will be equipped with a **set of panniers** or a **bikepacking kit** to transport clothing and personal effects. Panniers can carry 50 liters in total and the front bag 5 liters. The bikepacking kit has a capacity of approximately 30 liters. If you carry a sleeping bag, it can be secured on the luggage rack. All our bikes travel with cargo gear. We do not authorize the departure of bicycle trips with a backpack of more than 20 liters on the cyclist's back for safety reasons.





Cargo and luggage

Each bicycle will be equipped with a **saddlebag kit** or a **bikepacking kit** at the client's choice. Participants must carry all their personal items on the bike, such as clothing, personal hygiene items, documentation and money.



VERY IMPORTANT: this circuit has many gravel sections and trails of moderate difficulty with irregular terrain, natural obstacles such as logs, stones or streams. It is extremely important that you **DO NOT OVERLOAD THE BIKE**, especially if you opt for the pannier loading system. You must bring what is strictly necessary for 5 days of journey.

Although this guide teaches you where to sleep each day, it is also possible to do this route sleeping in campsites with a tent. If you decide to bring camping equipment, you should opt for the Bikepacking-style loading system, or load the tent on a front harness. A well balanced and light bike is key to succeed on this journey.

We recommend bringing only what is necessary for the days of the journey. Each bicycle will be checked to ensure that it is carrying a reasonable load. Excess baggage will be dispatched by transport to the place of destination. You can also leave excess luggage at our shop and pick it up if you return to Bariloche. More information in page 10 [Suggested Items](#).

Suitcases and backpacks with a rigid back cannot be transported on the bicycle. Sport hand-bags can be carried inside the panniers. In this way you will have a bag when you finish the journey and have to empty the panniers.

It is possible to send excess luggage from Bariloche to El Bolsón by transport at an additional cost.





Bikes, accesories and cargo gear

Bicycle - Fuji Nevada 1.5



18 speed (2x9)

Shimano Alivio

Fork 100 mm Suntour coil

Hidraulic brakes

Wheel size 29



Bicycle - GT Avalanche Comp



27 speed (3x9)

Shimano Alivio

Fork 100mm RST coil

Hidraulic brakes

Wheel size 29





IMPORTANT: The helmet is included with the bike, however we recommend that you bring your own, as it is a very personal item.

Bicycle CUBE Aim SL



27 speed (3x9)

Shimano Deore

Fork 100mm Suntour coil

Hidraulic brakes

Wheel size 29



Hybrid bicycle – Go lite ebike *with aditional cost



9 speed 1x9

Shimano Alivio

Suntour coil 100mm fork

Central engine 250 watts 80NM torq

Hydraulic brakes

Wheel size 29

Charger





Accesorios included with the bike



IXS Kronnos Helmet



Multivalve hand pump



Bottle cage



Tool Bag



Chain tool



Allem multi-tool



Lock



Bottle 750 cm3



Phone holder





Accesorios included with the bike



Extra tube + Halawa TAMAL



Slime puncture seal inside tube



Super comfortable seats
With Memory Foam technology
Comes with PRO and Premium bicycles



Tube repair kit – Spare Links





Cargo Gear



<http://www.halawa.com.ar/>



Pannier kit and rack

Rear waterproof panniers. 25 litres each one

Front handlebar bag. 5 litres

Reinforced aluminum rack

Front harness for carrying tent and mat (in case you opt to camp)





Customer reviews



Lake Falkner – 7 lakes road



Norberto Levin

6 opiniones

★★★★★ Hace 3 años

My wife and I had never done a bike trip this long - 200 km from Bariloche to San Martin de los Andes. She used an e-bike which was wonderful. I used a regular mountain bike. The gear was first class, bike shop owner gave us the right directions and equipment for a 4 day trip - 2 days in the rain, 2 days with beautiful weather - including recommendations on where to stop (we used hostels and airbnb lodging, but there are camping sites all along too). We had a wonderful experience and enthusiastically recommend this shop and the brothers who own it!

[See more Google reviews](#)



Glaciar Ventisquero Negro – Mt. Tronador



Holly Jackson

2 opiniones

★★★★★ Hace 8 meses

We had the most amazing trips through Patagonia bikes! Their rental process made it very easy to travel from abroad and rent bikes and panniers once we arrived. Their route suggestions were so helpful for planning and traversed beautiful landscapes! I'd definitely recommend them to anyone interested in a bike trip in this area!

[See more Google reviews](#)



TIPS: If your trip ends in El Bolsón, book a bed at Jardín de Rosas, so you will be able to rest as soon as you finish your trip. Plus you get a discount on the drop-off cost.

Accommodation at El Bolsón

Jardín de Rosas Hostel – [view Google profile](#)

Hostel located in the downtown area of El Bolsón

Shared and private rooms



When you arrive in El Bolson you must return the bikes at JARDIN DE ROSAS HOSTEL

Av. Sarmiento 3439

El Bolsón, Rio Negro.

Tel: [+54 9 1141949401](tel:+5491141949401) [+54 9 266 4011936](tel:+5492664011936)

Instagram: [@jardinderosashotel](https://www.instagram.com/jardinderosashotel)

Make a reservation at Hostel Jardín de Rosas and get a 100% bonust on the drop-off cost.
Submit your reservation before departure to get the bonus.



Jardín de Rosas Hostel – El Bolsón

"El albergue es tan hermoso, casi todo está hecho de madera, lo que se ve bien. Hay suficiente espacio en los dormitorios y también en los casilleros. La cocina también es agradable y hay todo lo que necesitas para cocinar. Incluso es posible hacer asado dentro de la casa. Tuve una estancia muy agradable allí."

Traducido por Google - [Mostrar original](#)



Marvin

 Alemania

TIP: download the videos to your cell phone. If you need them during the trip and you don't have connection, you can see them anyway.

Two things you must learn (before a bike trip)

Find more repair tips for cycling at [Park Tool channel](#)

Video available



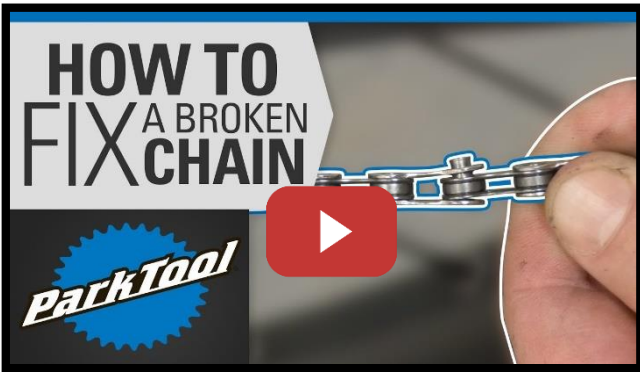
Flat tire

[DOWNLOAD VIDEO](#)

In this youtube tutorial we are going to learn to:

- 1- Remove the tube correctly from the rim.
- 2- Cleaning of puncture and patching the tube
- 3- Wheel assemble
- 4- Place the wheel correctly on the bike.

Video available



Broken chain

[DOWNLOAD VIDEO](#)

There are 3 techniques to reconnect the chain

1. With a missing link
2. With spare bolt
3. With the same bolt

With the bike repair kit we deliver the CHAIN TOOL.
We also put some spare chain links inside the tool bag

Chain tool



Tire repair kit



IMPORTANT

We do not carry out rescues in the event of punctures, broken chains or falls. We carry out the corresponding and very meticulous maintenance of each unit and provide the tools, spare parts and knowledge so that every cyclist can move forward in the event of setbacks.

If a broken bike can't continue, we can send a replacement bike within the next 24 hs.

(NOT AVAILABLE IN CHILE)



Inspiration

Throughout our lives we search for inspiration and ideas from people or organizations that refer to what we want to undertake. This is a small tribute to those people, websites and magazines that inspired me to create patagoniabiketrips.com, and continue to do so to this day.

These websites have quality information to make all your biketouring projects come true



Lavidadeviaje.com



Nacionsalvaje.com



Bikepacking.com



Bicycletouringpro.com

Social media

Explore our social media networks, you will find updated information on routes, excursions and cycle trips.



patagoniabiketrips.com



[Google profile](#)



[@cyclingpatagonia](#)



[FB cyclingpatagonia](#)



[Canal Patagoniabike](#)

Equipment

We offer high quality bikes and gear, so that your travel experience is perfect.



[Halawa panniers](#)



[Accesorios MTI](#)



[CUBE Bikes](#)



[GT Bicycles](#)



[FUJI Bikes](#)



[Nitsche – Cycletouring bicycles](#)

